



JUNIOR PARENTS' **NIGHT**

September 30, 2009

Welcome!

Junior Parents' Night

- ❑ **Kim Diorio, Assistant Principal**
- ❑ **Amoreena Berg, ACS Site Coordinator**
- ❑ **Susan Shultz, Guidance Counselor**
- ❑ **Selene Singares, Guidance Counselor**
- ❑ **Ann Deggelman, Co-coordinator of the TA Program**
- ❑ **Kindel Launer, Teacher Advisor**
- ❑ **Christina Owen, Career Advisor**
- ❑ **Sandra Cernobori & Alice Erber, College Advisors**

Thank You PiE and PTSA!

Special thanks to the parents who support **Partners in Education** funding. Your contributions enable Paly to offer many of the unique services we provide:

- A significant percentage of college & career counseling staffing
- Naviance site license renewal
- Career/technical education courses that meet UC A-G approval
- College Awareness Day (< new; October 14; more info TBA)

Thank You PiE and PTSA!

Special thanks to the parents who support Paly's **PTSA**. Your contributions support the C&CC and our students by funding:

- Method Test Prep module for Naviance
- Travel and related costs for advisors' professional development, including College Counselor Tours.
- A percentage of costs associated with Career Day



Amoreena Berg
Understanding Your 16-Year Old

Adolescent Counseling Services is an on-campus counseling program that provides adolescent individual or group counseling. Services are provided by therapists to help with a wide range of issues.

www.acs-teens.org

Contact: 650-833-4244 (on campus)
650-424-0852 (off campus)

Susan Shultz
Graduation reqs. vs. 4-yr. College reqs.

Subject

Graduation

UC/CSU

D- or better req'd.

C- or better req'd.
U.C. approved

English

3.5 years

4 years

Social Studies

4 years

2 years

Math

2 years

3 (4) years



() = recommended

Graduation reqs. vs. 4-yr. College reqs.

<u>Subject</u>	<u>Graduation</u> D- or better req'd.	<u>UC/CSU</u> C- or better req'd. U.C. approved
❑ Lab Science	2 years	2 (3) years
❑ Phys. Education	2 years	None
❑ Visual/Performing Arts	1 year (semesters in sequence)	1 year

() = recommended

Graduation reqs. vs. 4-yr. College reqs. --continued

<u>Subject</u>	<u>Graduation</u> D- or better req'd.	<u>UC/CSU</u> C- or better req'd. U.C. approved
<input type="checkbox"/> Career/Tech. Ed.	1 year	None
<input type="checkbox"/> Living Skills	1 sem.	None
<input type="checkbox"/> World Language	None	2 (3) years
<input type="checkbox"/> Electives to	<u>210</u> units	1 year
<input type="checkbox"/> CAHSEE (CA. High School Exit Exam) & First Aid		

() = recommended



Selene Singares

Where to Get Help

- ❑ **Ways to make up graduation deficiencies--
Off-campus classes require prior approval from I.S.**
- ❑ **Academic Resource Center (ARC)**
- ❑ **Math Resource Center (MRC)**
- ❑ **Behavior--Suspensions--Report to Colleges**
- ❑ **Handbook**
 - ❖ Attendance (pp. 8-9)
 - ❖ Guidance Dept. (pp. 10-15), including “How to Contact Your Child’s Teacher Advisor”
 - ❖ Testing (pp. 18-21)
- ❑ **Adolescent Counseling Services (ACS)**



Ann Deggelman

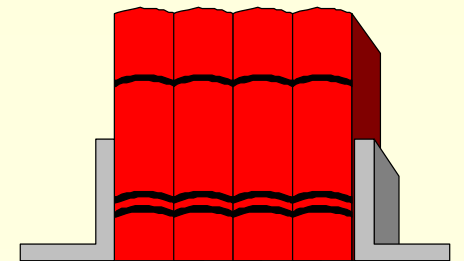
- ❑ Junior calendar**
- ❑ PSAT* – All juniors – Oct. 14th**
***scores will be mailed in early Jan.**
- ❑ TA-Junior Parent Night –**
Mar. 10, 2010

Kindel Launer

What Teacher Advisors do--

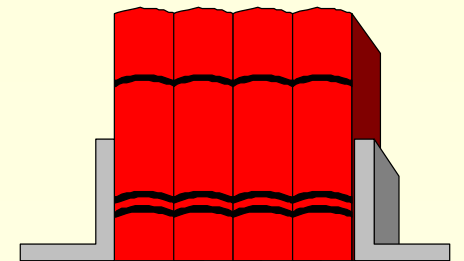
Academic Advising

- Primary contact person**
- Monitor graduation requirements**
- Discuss college requirements**
- Assist in course selection**
- Write college recommendations**



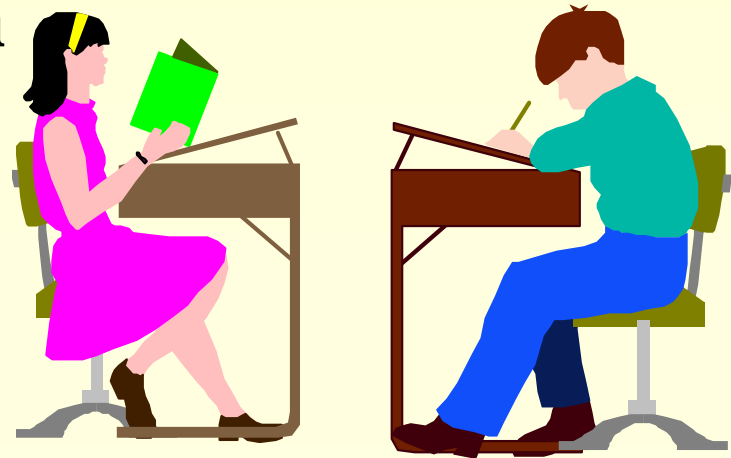
What Teacher Advisors do--

- ❑ **Advisories (11th grade) include:**
 - ❖ **Junior Calendar**
 - ❖ **Read a transcript, make corrections**
 - ❖ **Time Management**
 - ❖ **“Paly Grads Return” advisory with seniors**
 - ❖ **PSAT discussion**
 - ❖ **Registration for next year**
 - ❖ **Gearing up for life after Paly**



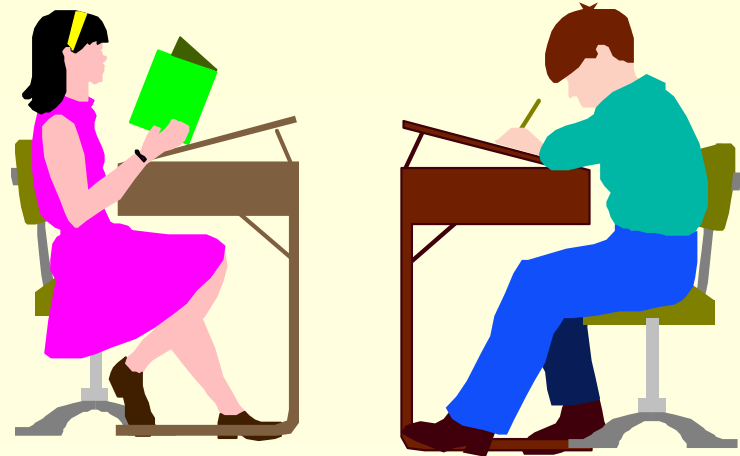
What 11th graders do—

- ❑ Take appropriate courses
- ❑ Attend advisories
- ❑ Do the best work possible
- ❑ Seek help when needed



What 11th graders do—

- ❑ **Begin to prepare for life after Paly**
- ❑ **Attend college rep meetings - must be excused in advance**
- ❑ **In 2nd semester, may take up to 5 days for college visits**
- ❑ **Enjoy high school**



What you can do as parents—

- ❑ Talk to your child about what he/she may be thinking about doing after graduation**
- ❑ Offer support and encouragement**
- ❑ Enjoy your child's high school life**

Christina Owen

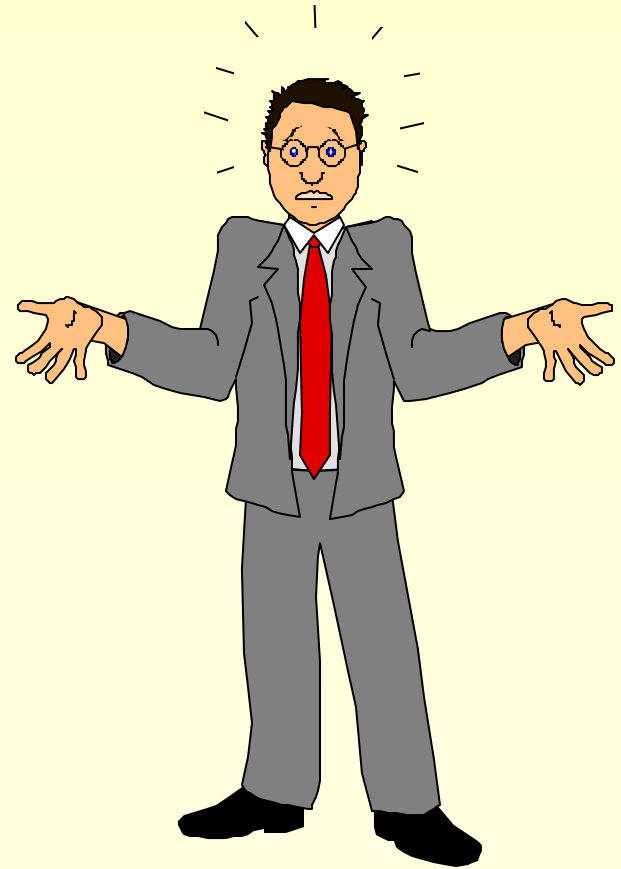
**Wednesdays and Thursdays
or by appointment**

Email cowen@pausd.org

- ❑ Community College: Vocational and Certificate Programs, A.A degrees, transfer agreements**
- ❑ Internship Programs**
- ❑ Year-Off Programs and Activities**
- ❑ Community Service & Summer Programs**

**Sandra Cernobori
Alice Erber**

**What role
should parents
play in the
college
admissions
process?**



Parents' role

- ❑ **Be a member of your student's support team**
- ❑ **Educate yourself about the process:**
 - ❖ **Parents' Nights**
 - ❖ ***Reporter* articles, mailings, paly.net, Paly link, Naviance**
 - ❖ ***Viking College and Career Planning Guide* in April (& online)**
- ❑ **Consider all options with your student**
- ❑ **Help student keep track of dates and deadlines**

Be assured you will get through this process and survive.

You may even enjoy it!

How Are College Applicants Evaluated?

- ❑ **Course Requirements**
- ❑ **GPA and course selection**
- ❑ **SAT/ACT scores, *if applicable***
- ❑ **Personal Essays, *if applicable***
- ❑ **Teacher Recommendations, *if applicable***
- ❑ **Teacher Advisor Letter (a.k.a. School Report), *if applicable***

Out-of-State Public and Private Colleges & Universities

- ❑ **Over 3,000 campuses**
- ❑ **Emphasis and eligibility: Varies by campus**
- ❑ **Types:**
 - **Liberal arts colleges**
literature, language, science, math, social sciences
 - **Cooperative or “co-op” learning**
hands-on learning, “learn by doing” via internships for pre-professional programs
 - **Specialty schools**
e.g. engineering, business, art, technical/vocational, music conservatories
 - **Research universities**
resources focused on graduate education and research

Timeline for Juniors

- ❑ Attend College Fair at Paly on October 12**
- ❑ Complete the PSAT on October 14**
- ❑ Attend college rep visits and off-campus receptions**
- ❑ Meet with Ms. Owen to explore career ideas**

Timeline for Juniors

cont'd.

- ❑ Attend orientation to the College Center in February**
- ❑ After February orientation, make an individual appointment with College Advisor to discuss college options**
- ❑ Visit college campuses (5 days for 2nd semester Jrs and 5 days for Srs)**

Timeline for Juniors

cont'd.

- ❑ **SAT Reasoning- March 13**
- ❑ **SAT Reasoning and Subject Tests-May 1 and June 5**
- ❑ **ACT-April 10 (@ Paly) and June 12**

Testing sequence

- ❑ **PSAT**
- ❑ **SAT Reasoning and/or ACT with Writing**
- ❑ **SAT Subject Tests--Two Subject Tests in two different subject areas are required for the University of California (if math, math 2C for UC)**
- ❑ **Urge students to take tests after taking courses, when material is still fresh in their minds.**

SAT vs. ACT

SAT:

- ❑ **10-section aptitude exam**
- ❑ **Content:**
 - **Math – basic geometry and Algebra 2**
 - **Reading – sentence completions, short and long critical reading passages, reading comprehension**
 - **Writing: an essay, and questions about grammar, usage and word choice**
- ❑ **Penalty for wrong answers**
- ❑ **Score report to CSU Mentor (code 3592)**

ACT:

- ❑ **4-section achievement test**
- ❑ **Content:**
 - **Math – up to trigonometry**
 - **Science – charts, experiments**
 - **Reading – 4 passages of prose fiction, social science, humanities, and natural science**
 - **English – stresses grammar**
 - **Writing – (optional*)**
- ❑ **No penalty for wrong answers**

* Students should take the “optional” writing section if applying to UCs or private colleges

Grade Point Averages

- ❑ The UC and CSU campuses see all the grades from all approved courses taken in grades 9-11, but include only grades 10 and 11 in their GPAs used for admissions (except Cal Poly, S.L.O. that includes 9th grade)**
- ❑ Other colleges vary. Some are like UC/CSU in using only 10th and 11th grade courses, and others include the 9th grade. Many will include 7th semester grades**
- ❑ Senior year curriculum is important**

Grade Point Averages

- ❑ Both UC and CSU calculate their GPAs only from courses included on the UC “A-G” list. This list also designates which classes are weighted with extra grade points
- ❑ This list is available in Paly’s course catalog and online (for 2009-2010) at www.ucop.edu/doorways. Search for “Palo Alto *Senior* High School

C.S.U. Eligibility Index for Students

- ❑ **Eligibility depends upon a combination of GPA and test score total as follows:**
 - **SAT I total score + (800 x high school GPA) > or = 2900**
 - **(10 x ACT composite score) + (200 x high school GPA) > or = 842**
- ❑ **As GPA increases, test score requirement decreases.**
- ❑ **The minimum GPA for CSU eligibility is 2.00**
- ❑ **A GPA of 3.00 or higher qualifies a student with any SAT Reasoning or ACT score except at impacted campuses* and with impacted majors**

C.S.U. Eligibility Index for Students

***Impacted campuses for the Class of 2010 are:**

Cal State Chico

Cal State Fresno

Cal State Fullerton

Cal State Long Beach

Cal State Northridge

Cal State San Marcos

Cal Poly, Pomona

Cal Poly, San Luis Obispo

San Diego State

San Francisco State

San Jose State

Sonoma State

- ❑ **Impacted campuses and majors are authorized to use supplementary admission criteria to screen applicants (e.g. higher minimum eligibility score [GPA + board scores], preference to students from schools in local area, etc.). For more information see:
<http://www.calstate.edu/SAS/impactioninfo.shtml>**
- ❑ **For a list of impacted majors, see:
http://www.calstate.edu/AR/IP_grid0708.pdf**

U.C. Eligibility Index for Students

- ❑ **Eligibility depends upon a combination of minimum 3.0 GPA and test score total**
- ❑ **The total is the sum of the scores of each section of the SAT Reasoning Test and the 2 Subject Tests weighted equally and converted to the “UC Score”**
- ❑ **As GPA increases, test score requirement decreases**
- ❑ **The Minimum Eligibility Index:**
http://www.universityofcalifornia.edu/educators/counselors/resources/materials/e_index.pdf

**Your students are in good hands
with their Teacher Advisors, the
Guidance Department, and the
College and Career Center.**



**Students *do* need to attend advisories
and participate in the process.**

**“College is a match to be made,
not a prize to be won.”**



College grads

- ❑ **Anna Eshoo—U.S. House of Representatives, Canada College grad**
- ❑ **Doris Kearns Goodwin—Presidential Historian, Colby College grad**
- ❑ **Condoleezza Rice—Secretary of State, University of Denver grad**
- ❑ **Tom Brokaw—former NBC News Anchor, University of South Dakota grad**
- ❑ **Susan Shultz—Paly Guidance Counselor, San Jose State grad**



JUNIOR PARENTS' NIGHT

**Any questions?
Thank you for coming.**

**Please join us in the C&CC for an
Open House from 8:30 – 9 pm.**

This presentation will be available on the web at
<http://www.paly.net/guidance>